

Capability enhancement and development schemes employed by the Institution for students:

3. Yoga and wellness

The Inner Circle
International Day Of Yoga



ida
Indian Dental Association
Committed to the Dental Excellence

INDIAN DENTAL ASSOCIATION DAVANGERE BRANCH

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Ref. No. :

Date : 25/4/2019

INVITATION

FROM IDA, DVG BRANCH

Dear members,

We are pleased to inform you that the IDA Davangere branch in collaboration with B.E.A. Dental colleges, is organizing the continuing dental education programme.

SPEAKER : Subhash Hegde,
Corporate Trainer,
Hyderabad.

TOPIC : Lecture on "The Inner Circle"

VENUE : Seminar Hall, CODS (4th floor)

DATE : 30/04/2019

TIME : Lecture: 10.00 AM to 1.00 PM

We request all the members to attend the programme to make it successful.

Note:

1. All the HODs / In-charge are requested to circulate among staff, post graduates, clinical assistants, interns and students for information.
2. All the doctor members are hereby instructed to enter their Name along with the KSDC registration Number in the CDE attendance register compulsorily. This is mandatory for issuing the attendance certificate with KSDC points for registered members.

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Dr. Mallikarjun K

CDE chairman

Dr. Babitha G.A

Hon. Secretary

Dr. Praveen B

Dr. Praveen B., Dept. of Prosthodontics, College of Dental Sciences,
Davangere - 577 004. Ph.: 08192-231285, 231029 Mob.: 9986393343
E-mail : prosthopraveen@gmail.com, idadvvg@gmail.com

COLLEGE OF DENTAL SCIENCES

Topic: The Inner Circle

Name of the capability enhancement scheme: Yoga and wellness

Speaker: Subhash Hegde

Date: 30/04/2019

Time: 10.00 AM – 1.00 PM

Venue: Seminar Hall, 4th Floor, College of Dental Sciences, Davangere

Abstract:

“The Inner Circle” was specially designed CDE conducted by Subhash Hedge for students in order to enable them to be more patient-centric, to enhance productivity, increase collaboration with their colleagues and thereby, achieve the goals of the institution.

34 students and staff participated in this program.

Dr. Shobha Patel
Principal,
College of Dental Sciences
Davangere.

CDE PROGRAMME ON

"THE INNER CIRCLE"

DATE : 30.04.2019

SPEAKER:- SURNASH HEGDE

SL NO.	NAME IN BLOCK LETTERS	KSDC Reg. No.	COLLEGE
1	DR. BABU	30858A	CODS
2	DR. UMESH G	35782A	CODS
3	DR. Altamash Khan	36443A	CODS
4	DR. Raghav H	17619A	CODS
5	DR. Bharath	16741	CODS
6	DR. PRAVEENA SHARMA	28741A	CODS
7	DR. S. S. S. S.	17457A	CODS
8	DR. HARSHA V. BABAJI	17369A	CODS
9	DR. Anuradha M.	14401A	CODS
10	DR. Pramod V. TATUSIKAR	20922A	CODS
11	DR. Chaitanya P. S. S. S.	27374-A	CODS
12	DR. Anika S. S. S. S.	25229-A	CODS
13	DR. Yashwanth Kumar D-S	10022-A	CODS
14	DR. Deepashri H. Kambalimath	1314364-A	CODS
15	DR. Manjunath	3275-A	CODS
16	DR. Sridhar K.R.	15949-A	CODS
17	DR. K. B. ROOPA	9677-A	CODS
18	DR. NEENA G.E	12825-A	CODS
19	DR. Karpuri B.S	27388A	CODS
20	DR. NAGAVENI N.B.	11246-A	CODS
21	DR. Babitha G.A.	6260-A	CODS
22	DR. Shubha Lakshmi S	6484-A	CODS
23	DR. KIRAN H.V	12630-A	CODS
24	DR. SHWABHARANI	1395-A	CODS
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26	DR. G.B. SHWAMURTHY	4245-A	Com
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28	DR. Mallikarjun K	4802-A	CODS
29	DR. Poushant G.M.	16696	CODS
30	DR. H. S. Shaktichora	4972-A	CODS
31	DR. M.C. SHASHIKANTH	13081A	PRIVATE
32	DR. G. VINAYA KUMAR	1309-A	CODS
33	DR. Bhavara Sachin	11833-A	CODS
34	DR. Shrinley R.	10276-A	CODS



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COLLEGE OF DENTAL SCIENCES

(Recognised by the Dental Council of India, New Delhi.)
(Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru.)



Ref.No.CODS/ 396 /2022-23

Date: 17-06-2022

CIRCULAR

On account of **World Yoga Day** on 21st June 2022 collective yoga is arranged in association with Staff Welfare Committee under guidance of Yoga Chetana Sri.Ajjappa.G.B.

Venue : "A" Block Terrace

Time : **07.00 AM to 08.00 AM**

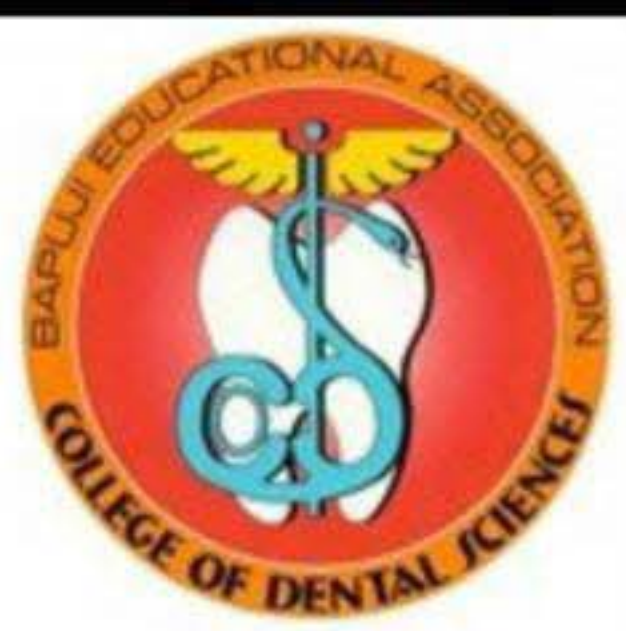
All the Teaching staffs and students are requested to take active participate and make event a grand success.


DIRECTOR

Note : Participants are informed to bring their own Yoga mats.

Copy to:

1. All the Head of Departments of CODS, Dvg.
2. NAAC File.
3. Office.



INTERNATIONAL DAY OF YOGA

-Theme-

Yoga for Humanity

Tuesday, 21st June 2022 | 07.00 AM

COLLEGE OF DENTAL SCIENCES, Davanagere.

Yoga is a Science,
science of well-being, Science of youthfulness,
science of integrating body, mind and soul

YOGA SESSION BY
Sri. AJJAPPA J.S.
Yoga Chetana, Davangere.

ORGANIZED BY
College Of Dental Sciences & Staff Welfare Committee
Davangere.

Report of International yoga day event on 21-6-2022

Topic: Depression – International Yoga Day

Name of the capability enhancement scheme: Yoga and Wellness

Speaker: Sri Ajjappa J S

Date: 21-06-2022

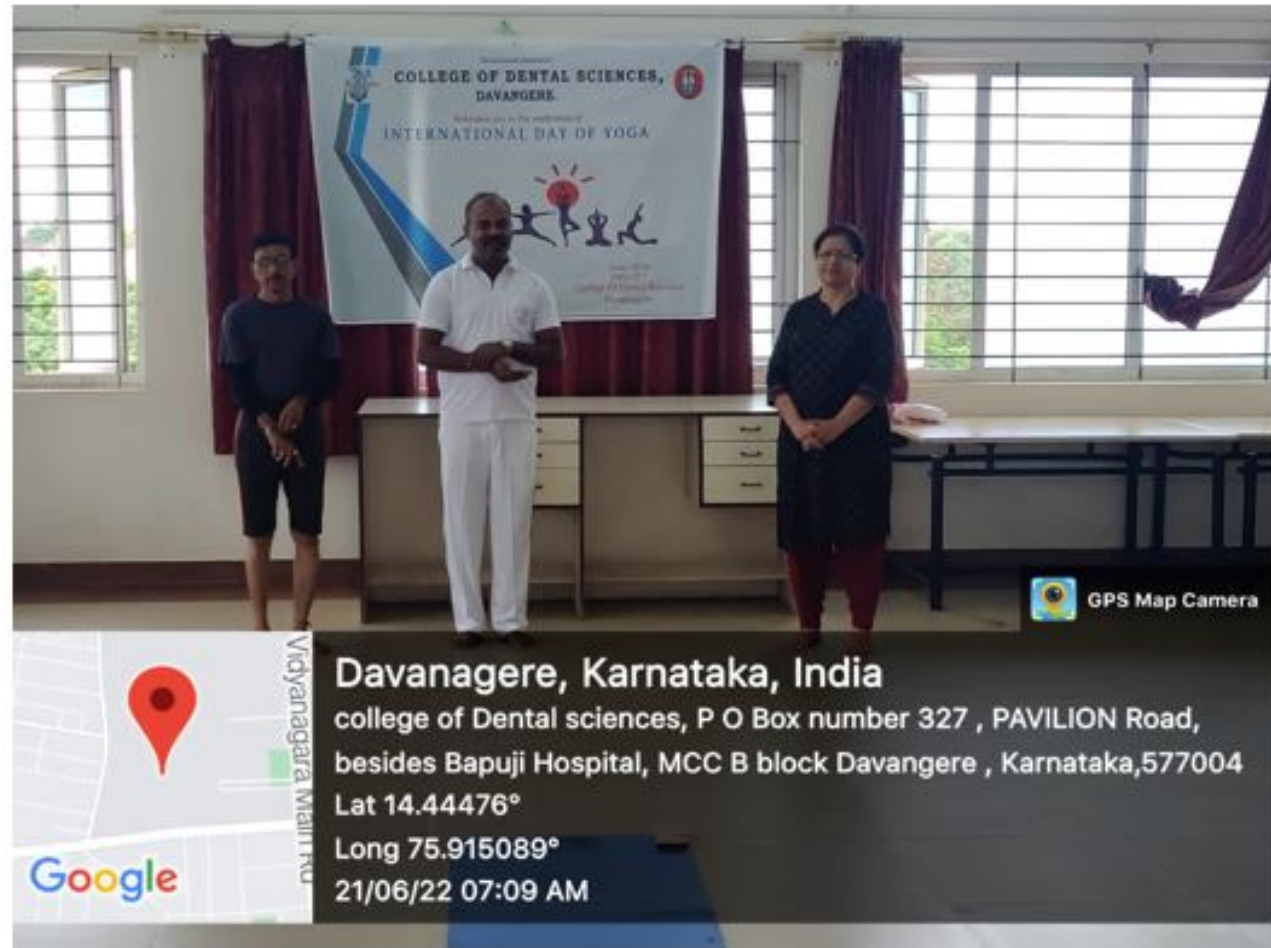
Time: 7:00 AM onwards

Venue: Seminar Hall, 4th Floor, College of Dental Sciences, Davangere

College Of Dental Sciences, Davanagere, in collaboration with Heartfulness Institute, Davanagere, celebrated International Yoga Day, on 21-06-2022 for the undergraduate and postgraduate students. The theme being “Yoga for Humanity”. Chair side exercises and heartfulness meditation was delivered by Sri Ajjappa J S and Mrs. V.Vidhya, physiotherapist and heartfulness trainer to 86 students. The session was well received.

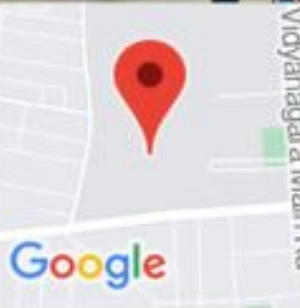


V. Vidharashirama
Director
College of Dental Sciences
Davanagere.





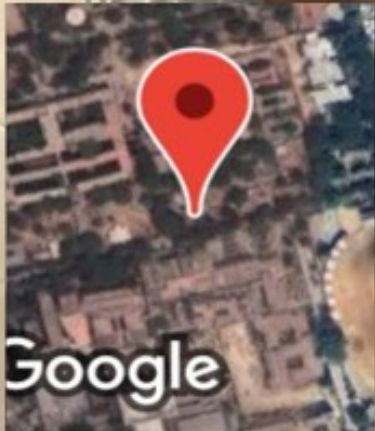
Davanagere, Karnataka, India
COLLEGE OF DENTAL SCIENCES, MCC B Block, Davanagere,
Karnataka 577004, India
Lat 14.455819°
Long 75.916498°
21/06/22 08:27 AM



Davanagere, Karnataka, India
college of Dental sciences, P O Box number 327 , PAVILION Road,
besides Bapuji Hospital, MCC B block Davangere , Karnataka,577004
Lat 14.44476°
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21/06/22 07:28 AM



GPS Map Camera



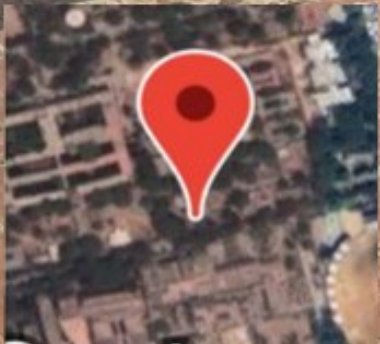
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BAPUJI HOSPITAL, MCC B BLOCK, DAVANGERE, KARNATAKA, 577002

Lat 14.491283°

Long 75.9258°

21/06/22 11:10 AM GMT +05:30



Davangere, Karnataka, India

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Lat 14.491283°

Long 75.9258°


INTERNATIONAL DAY OF YOGA

8

Under the guidance of : YOGA CHETANA SRI AJITHA G.S.
 VENUE : 'C' BLOCK, 4TH FLOOR
 TIME : 7.00 AM to 8.00 AM

21st JUNE 2022

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SL No.	NAME OF STUDENT	UG/ PG (DEPT)	MOBILE NUMBER	SIGNATURE
1.	Alsha	Baetho PG	8199610848	
2.	Divyakumaran	Baetho PG	6377289987	
3.	Vharitha	Pratho PG	897112A717	
4.	Chiranjeevi	Pratho PG	8870092053	
5.	Vasavamba	Pratho PG	7847929897	
6.	Schurini D.C	Pedo PG	7892702061	
7.	Seelivas Naidu	Pedo PG	6360406530	
8.	Vijayendra V.K	Pedo PG	7595211623	
9.	Tulika Gupta	Pedo PG	7259507442	
10.	Arvinda. Bhoir	Pedo PG	7829118669	
11.	Sumedha H	Pedo PG	890513057	
12.	Aalpa	Pratho PG	725951997	
13.	Ishika Agarwal	III rd yr UG	9007569899	
14.	Ipsita Agarwal	Pratho PG	9530628559	
15.	Rajul	Pratho PG	9959940295	